Title of qualification	**Vocational Qualification in Social and Health Care, Competence area of Elderly care and rehabilitation, Practical nurse**
Total Competence	180 competence points
Duration	2 years
Tuition fee	21,400 EUR (10,700 EUR/year)
Exam Date	September – November 2026
Planned start	April 2027
Student selection	Includes 2 parts: 1. Written Exam: Reading, writing, and calculation skills in English 2. Interview in English
Location	School campus in Tampere City
Target group and Requirements	• Age: 22 - 45 • Fluent English language skills equivalent to B2 CEFR; international English certificates are not required • Upper secondary education or higher • Clean criminal record • Committed to learning Finnish • Motivated to work with people, willing to take responsibility, able to understand the ethical and human responsibility of care work
Language of instruction	• English and Finnish. The Finnish language is taught on arrival • Degree type: Finnish Vocational Qualification

Program content	**Vocational Qualification in Social and Health Care, Competence area of Elderly care and rehabilitation, Practical nurse, certified by TAKK** **Training format:** Theoretical and practical learning at the institution combined with workplace-based learning **Training content:** curriculum components total 180 cps (competence points) Compulsory units (115 cps): • Patient Contact and Guidance, 20 cps • Promoting Welfare and Functional Capacity, 25 cps • Medication Management within the scope of a practical nurse's responsibility, 10 cps • Working in Home Care, 30 cps • Promoting the Participation of the Elderly, 30 cps Optional units (30 cps): • Welfare Technology in Promoting Functional Capacity, 15 cps • Foot Care for Different Client Groups, 15 cps • Home-based Living Support and Life Management, 15 cps • Promoting Mental Health Skills for Children and Adolescents, 15 cps • Mental Health and Substance Abuse Welfare Work with Different Client Groups, 15 cps • Sampling and Customer Service in Practical Nursing, 15 cps • Working in End-of-Life Care, 15 cps • Oral Health Care for Different Client Groups, 15 cps • Methods of Action in Promoting Welfare, 15 cps • Working as a Leading Expert, 15 cps • Workplace Instruction Training, 5 cps • Working in a Company, 15 cps • Business Planning, 15 cps Common units (35 cps): • Communication and interaction competence, 11 cps • Mathematics and science competence, 6 cps • Citizenship and working life competence, 9 cps • Optional targeted learning outcomes of common units, 9 cps **Job Description and Career Prospects:** During the studies, students are equipped with the knowledge and skills for healthcare, rehabilitation, and life support for the elderly, patients, and individuals needing daily assistance. The work includes: • Assisting with daily care and well-being • Supporting clients and patients in healthcare environments • Helping patients maintain their functional capacity • Working in close interaction with individuals, families, and care teams Professionals in practical nursing require strong communication and interaction skills, a sense of responsibility, patience, high professional ethics, the ability to collaborate with the care team, and a profound respect for the safety, health, and dignity of patients Common work environments after graduation include: • Home care services • Service housing, elderly homes • Enhanced-service housing • Health centers • Day care centers

Hotline for Consultation Booking

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